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*Bible Doctrine Presented in Q&A Format*

# SHOULD YOU KNEEL WHEN YOU PRAY

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# INSTRUCTIONS FOR USE

PASSAGE	TOPIC
Step ONE	Select a topic from HOW BIBLE CHARACTERS PRAYED (p3). As an example, I'll select #3 DANIEL PRAYS.
Step TWO	Read the account in the Bible. In this example, you would read Daniel 6:10-11.
Step THREE	Begin to answer the questions in QUESTIONS & ANSWERS (p4).
	For example, QUESTION #2, "What was the spiritual state of the person praying?" ANSWER: Daniel was a very faithful, committed believer.
	For example, QUESTION #5, "Was the person kneeling? If they knelt, do you think they felt awkward to be kneeling?" ANSWER: Daniel was well acquainted with kneeling. Those who knew him knew he was will to kneel, even when others were watching.
	The teacher can select which questions the students need to answer, if not all.
Step FOUR	For class discussion to go well, it would be best for all the students to prepare before class.

**NOTE TO TEACHER:** *To do all the examples, you would need 26 copies of the QUESTIONS (p4).*

# HOW BIBLE CHARACTERS PRAYED

STORY AND PASSAGE	STORY AND PASSAGE
1. King Solomon's Prayer of Dedication (2 Chron 6:12-13; I Kings 8:54)	14. A Formal Prayer before God (Romans 14:11)
2. Ezra Confesses the Sins of the Children of Israel (Ezra 9:5)	15. A Formal Prayer before God (Philippians 2:10)
3. Daniel Prays (Daniel 6:10-11)	16. Saying Grace (Mark 8:7)
4. A Father's Intercedes for his Son (Matthew 17:14-15)	17. Saying Grace (Luke 24:30)
5. Jesus Asks for his Cup to be Removed (Matt 26:39; Luke 22:41-42)	18. Nehemiah's Prayer and Fasting (Neh 1:4)
6. A Leper Asks for Healing (Mark 1:40)	19. Jesus' Prayer at his Baptism (Luke 3:21)
7. Peter Acknowledges he is a Sinner (Luke 5:8)	20. The Prayer of Paul and Silas (Acts 16:25)
8. Stephen's Intercession (Acts 7:60)	21. Jesus' Intercessory Prayer for Believers (Rom 8:34; Col 3:1; Heb 7:25)
9. Peter Prays for a Miracle (Acts 9:40)	22. Prayers of Unsaved Religious Leaders (Matt 6:5)
10. Paul Prays for the Ephesian Elders (Acts 20:36)	23. Prayers of Unsaved Religious Leaders (Luke 18:11)
11. Their Farewell Prayer on the Beach (Acts 21:5)	24. Hannah's Prayer (I Samuel 1:26)
12. Paul Prays for Christendom (Ephesians 3:14-21)	25. A Prayer for Forgiveness (Mark 11:25)
13. A Formal Prayer before God (Isaiah 45:23)	26. The Tax Collector Prays the Sinner's Prayer (Luke 18:13)

CONCLUSION: While kneeling is the better way to pray, there are other ways to pray.

# QUESTIONS REGARDING KNEELING WHEN PRAYING

QUESTIONS	ANSWERS
1. What was the purpose or content of the prayer in the Bible story?	
2. What was the spiritual state of the person praying?	
3. Was the person who was praying saved?	
4. Did the prayer include some petitions?	
5. Was the person kneeling in the story? If so, do you think they felt awkward?	
6. Was an announcement made for others to join in on the occasion?	
7. Was it a formal time of prayer? Was it first an occasion other than prayer, like a meal, baptism, etc?	
8. Was the occasion public or private? Were other people participating?	
9. Did the occasion happen out in public? or open to the public?	
10. Was the occasion an emergency to pray over a matter? Was kneeling appropriate?	
11. Was getting down on their knees in the Bible story to pray a spiritual matter or a cultural matter?	
12. Should you kneel when the main purpose of the occasion is to pray?	
13. Can being willing to kneel during prayer reflect your spiritual state?	
14. Can a believer get down on their knees with the attitude, "Hey, look at me"?	
15. Do you pray on your knees in private? Should you pray on your knees in a prayer meeting?	
16. Regarding getting your prayers answered, does God respect kneeling more than other positions?	
17. How do you apply this story in the Bible in light of Matthew 6:6?	
18. Could kneeling for prayer in public be confused with another religion in your area?	
<p><b>FINAL CONCLUSION:</b> Kneeling while praying is by far the best way to pray. The great men of the Bible did it, so we can too.</p>	